

# Newsletter



Annette Fox Leukaemia Research Fund

Registered Charity No. 516208

Spring 2016

# Smokie



## Smokie Gala Dinner Dance

Friday 5th February 2016, Cedar Court Hotel, Bradford – that was the date and venue of the annual event which many of our supporters look forward to year after year, the Smokie Gala Dinner Dance.

A huge thank you must go to Smokie and their crew, who very kindly took time out of their extremely busy worldwide schedule to perform a live gig in their hometown of Bradford, in aid of the Fund.

300 guests enjoyed a fantastic evening, which raised £12,000 for the Fund, adding to the hundreds of thousands raised from this event over the 24 incredible years Smokie has supported the Charity.

Next year will be the 25<sup>th</sup> Anniversary of this spectacular event, a huge celebration and one definitely not to be missed. It will be taking place on Friday 3<sup>rd</sup> February 2017 at the Cedar Court Hotel, Bradford.

If you would like more information about this event or would like to reserve a place, you can do so now by contacting Michelle Adam on 01274 364168 or emailing [annette.fox@bthft.nhs.uk](mailto:annette.fox@bthft.nhs.uk)



### CONTENTS

Smokie Gala Dinner Dance	1
Just Text Giving	1
Just Giving	1
Run For All York 10k	2
Black Tie Charity Dinner	2
Support in Memory	2
News	3
How You Can Help	3
Fundraising	4
CD's For Sale	4
Gift Aid	4
Contact Us	4

**JustTextGiving™**  
by **vodafone**

An easy and quick way of making donations is to send a simple text message.

Text AFOX22 to 70070 and the amount you would like to donate, either £1, £2, £3, £4, £5 or £10.

We receive 100% of your donation!

**JustGiving™**

JustGiving is an easy way of fundraising online. Supporters can set up their own fundraising page which they then e-mail to all their friends/family/colleagues and can also share on facebook and twitter. Donations are made online, the money is automatically gift aided (an extra 25% on top of the donation) and transferred to our bank account. Simple!

For step by step instructions on how to set up a fundraising page, to view other fundraisers pages and see the challenges they have set themselves, to make a donation or for further information go to [www.justgiving.com/aflr](http://www.justgiving.com/aflr)

# Forthcoming Events



**Sunday 7<sup>th</sup> August 2016**

The York Run for All 10k is taking place on Sunday 7th August 2016. A number of runners have already signed up to take part in aid of Annette Fox Leukaemia Research Fund.

Each runner has agreed to raise a minimum of £75 in sponsorship money, obviously if they can raise any more it would be greatly appreciated. The Charity will be providing all runners with a place in the race, a race t-shirt and sponsor forms. Just Giving pages can also be set up by participants to help with their online fundraising.

The 10k course at York is very flat, therefore it's an ideal event for all abilities.

Optional return transport will be available to runners, supporters, family and friends on a first come first serve basis, at a small cost per person.

This really is a great day out for all the family, so if you would like to take part in the Run For All, if you would like to travel to York as a supporter or if you would like any further information then please contact the office on 01274 364168.

**SUMMER BALL**

## Black Tie Charity Dinner

In aid of



**Saturday 17<sup>th</sup> September 2016**  
**Cedar Court Hotel, Bradford**

**7.00pm – 1.00am**

Pre-Dinner Drinks Reception  
3 Course Dinner  
*Live Entertainment from Fabulous Soul Singer*  
*Matt Phillips*  
DJ and Charity Auction

Tickets £35 each

For bookings and enquiries please contact  
Shirley Taylor 07835 774231  
or email [annette.fox@bthft.nhs.uk](mailto:annette.fox@bthft.nhs.uk)

## Support In Memory

On the 19th June 2016, John Pegington will be racing against Neil Sugden, Jen Willingham and Mary Pegington over an ironman distance triathlon in Keswick. John will be doing the whole race against the 3 others who will be a relay team. Mary will be doing the 2.4 mile swim in Derwent Water, Neil is doing the 112 mile bike ride and Jen is looking forward to tackling the full marathon at the end.

Many of you may recognise Neil Sugden from Ward 7 as he was Ward Manager there not so very long ago.

The four have taken up the challenge in memory of their very good friend Oliver Goodyear, who sadly died last year from Leukaemia on Ward 7.

Anyone who would like to make a donation towards their challenge can do so via Justgiving at [www.justgiving.com/lakesman](http://www.justgiving.com/lakesman)

Oliver Goodyear was a much-loved and highly respected teacher at Tong High School in Bradford. Staff and pupils held various fundraising activities throughout the year and recently presented the Charity with a cheque for £695.26 in memory of Mr Goodyear. They also purchased Annette Fox Christmas Cards last year to help support and promote the work of the Fund. A huge thank you to them.



# News

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We are delighted to announce that the charity has now set up research grants worth £3,000 each.

Charity Trustee and former Consultant Clinical Scientist at the Trust, Dr David Robertshaw, says: “The Fund’s committee is keen to encourage research and development in haematology, which is an area practised by specialists in the field who deal with the diagnosis, treatment and overall management of people with blood disorders, ranging from anaemia to blood cancer. Each applicant can apply for a £3,000 grant in the first instance to cover their first year. If the study expands or if there is a reason to continue with further research, two further grants of £3,000 each can be awarded over the subsequent two years. We feel that by giving out these awards, we are supporting new areas of research and ways of working which will ultimately benefit our patients here in Bradford.”

To apply for a grant, you will need to submit an outline of the work you would like to undertake on no more than one side of an A4 sheet. Please include details of any costs, time, materials, etc, and list any approvals needed, so the Trustees can consider all applications. If you have an idea or project that could make use of these new grants please contact Fund Administrator, Michelle Adam on michelle.adam@bthft.nhs.uk or call 01274 364168 to find out more.

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Another new award scheme we are very pleased to announce is the ‘Annette Fox Nurse of the Year’ award and ‘Annette Fox Achievement Award’. These two awards are to be presented annually to members of staff, within haematology, who have gone above and beyond or made a real difference. A cash prize of £200 will be received by the individuals, along with the award.

More information regarding these two awards and how to nominate someone for an award will be published in our next newsletter.

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## How you can Help

- As well as monetary donations, we are always grateful for good quality items which we can sell or use as raffle prizes.
- Have you thought about asking your local shop / hairdresser / pub to put a collection tin on their counter? Or perhaps you could have one at home to collect loose change - every penny really does count!
- You could collect used stamps and send them into the office, with more and more people communicating electronically postage stamps are becoming rarer and rarer.
- Maybe you could organise your own fundraising event, we have various ways in which we can help and support you - just give Michelle a call (01274 364168).
- You could attend one of our forthcoming events, keep your eye on our facebook page as well as our newsletters for details of future events - and don't forget to bring your friends along too.
- Do you work for a company who may want to adopt us as their charity of the year, or maybe they would donate a prize for us to raffle or auction, be it a voucher, an activity or a product they sell or produce.
- Did you know we have merchandise which you can sell on our behalf to friends, family and colleagues - our quality pens are only £1 each as are our cute fox pin badges.

# Fundraising



Thank you to everyone who purchased Christmas Cards this year and to those who helped to sell them on our behalf to friends, family and colleagues. A total of £1,500 was raised.

For the second year, the Charity took part in the Thornton Christmas Tree Festival, where over 40 Christmas Trees from local charities and voluntary organisations were displayed at St James' Church, Thornton. Thank you to everyone who came along to the festival and dropped their loose change into our bucket – we received £126.46.



## CD's FOR SALE

One of our wonderful supporters, Tom Balaam, wrote a song for a very good friend, whose partner, James, died of Leukaemia aged just 22.

The song was released on CD and sold to raise funds (achieving £5000 in total) in memory of James for the James Skillington Challenge for Leukaemia Fund.

The song is entitled "Forever In My Heart" and is performed by Smokie's lead singer Mike Craft. Now, several years later, James's individual fund has been closed down, but Tom has kindly donated the remaining CD's to the Annette Fox Leukaemia Research Fund with 100% of the proceeds going to the charity.

Tom says "Mike Craft very kindly agreed to do the vocals on the song, and in the end did an awful lot more, including playing some instruments, and helping me arrange and produce it. I have to say that this wouldn't have happened had it not been for Mike and all the time and effort he put in to release a quality recording."

These CD's are not available to buy in the shops, and can only be purchased from our office on Ward 7 at a cost of £5 each.

*giftaid it*

### ***Making your donations go further***

Through Gift Aid and Transitional Relief, you can help us make your donations go 25% further - and it won't cost you a penny!

#### **How does it work?**

As long as you are a UK taxpayer, Gift Aid enables you to boost the value of your donations by 25p for every £1 you give. So, for example, if you decide to give £10, we will be able to reclaim an extra £2.50 from HM Revenue & Customs. It might not sound like a lot, but every penny really does count!

#### **What do you need to do?**

To donate through Gift Aid, all you need to do is complete a simple declaration form (available from our office) confirming that you are a taxpayer and that you are happy for us to claim tax relief on your donation. Just one declaration can apply to all donations that you have made to us over the past 6 years and to any forthcoming gifts you make, until you notify us otherwise. It is that simple.

Please contact Michelle on 01274 364168 to request a Gift Aid form.

## Contact Us

Our office on Ward 7 is open 4 days a week – Monday and Wednesday 9.00am – 2.30am and Thursday and Friday 9.00am – 4.00pm. You can telephone, e-mail or write to us at the address below.

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**Annette Fox Leukaemia Research Fund**  
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