

Newsletter



Annette Fox Leukaemia Research Fund

Helping People With Blood Disorders

Registered Charity No. 516208

Spring 2020

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Making A Difference

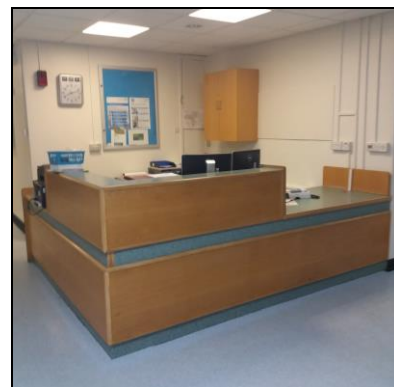
At the beginning of March we were very pleased to unveil the newly refurbished waiting room, reception area and toilets on Ward 16 – the Haematology/Oncology Day Unit. The overall project cost £70,000 and would not be possible without your support – so thank you to each and every one of our wonderful supporters.

Here are a few before and after photos to show how much of a difference your donations have made to the Day Unit.



The toilets are much improved and now provide separate male and female fully accessible facilities.

The waiting room has been transformed into a much brighter, more relaxing and pleasant space. Special ceiling lights give the impression of being outdoors under a blue sky, with a large mural covering the length of one wall, also giving an outdoor feel. Not forgetting the 'fake' fishtank – with 'virtual' fish swimming around!



The Reception Desk has been replaced with a more modern and brighter looking desk space. The sharp wooden corners have gone and the area is now clearly signed.





Gala Dinner Dance 2020 Raised £12,500

Thank you to everyone who attended or supported the annual Smokie Gala Dinner Dance at the Cedar Court Hotel on 7th February 2020, a fantastic £12,500 was raised at this fabulous event.

A huge thank you to Smokie for an incredible 28 years of support from them, without whom, this unique event would not be possible.

Guests from all around the UK and some from overseas, enjoyed a warm welcome with a special drinks reception accompanied by the wonderful music of string quartet, Bow Belles. After a delicious 3 course dinner guests enjoyed a fantastic evening, many winning some wonderful prizes in the raffle and auction, some even walking away with cash prizes from the games, before the highlight of the evening – an amazing performance from Smokie. As always, the dance floor was full until the early hours of the morning.



STAY IN TOUCH

We want to keep you informed of upcoming fundraising events which you may be interested in and we want to let you know how your kind donations are being used to help others.

We can only do that with your permission.

If you would like to receive this newsletter, just twice a year, and information regarding the Charity, either by post or email, please contact our office on Ward 16 to join our supporters list – contact details are on page 4.

You can also use the same contact details to let us know if you wish to stop receiving information from us at any time.

We will never swap, sell or share your details with any third party organisation.

You can also see up to date information by searching for us on Facebook and liking and following our page. You can make online donations there too!

WEBSITE

We are currently working on updating our website, which we hope will be going live in the coming weeks.

Keep a check on our progress by visiting; annettefox.co.uk

You will be able to see our upcoming events and make online donations.

AGM

The Annette Fox Leukaemia Research Fund held an Annual General Meeting on Friday 15th November 2019. The meeting was well attended by current Trustees, Bradford Hospital Trust Management and staff and long term supporters of the Charity.

The Annual Accounts were presented at the meeting. These can now be viewed on the Charity Commission website.

Anyone wishing to attend future AGM's can contact the office (details at the bottom of Page 4) in order to join our mailing list and receive details of future meetings and events.

SUMMER BALL

Black Tie Charity Dinner

IN AID OF



Saturday 12th September 2020

Midland Hotel, Bradford

7.00pm – 1.00am

Come along to this fantastic evening at the Midland Hotel in Bradford Bring your friends, family, colleagues and enjoy a superb 3 Course Dinner with Entertainment from the wonderfully talented Northern Soul & Motown Singer

Frankie Heart, followed by a DJ and dancing into the early hours.

There will be a Tombola, Raffle, Games and Charity Auction, with chances to win some great prizes.

All this for just £35 each

For bookings and enquiries please contact

Shirley Taylor: 07835 774231

Or email annette.fox@bthft.nhs.uk

How We Help

- The Annette Fox Fund is spending £30,000 over 3 years funding a computerised booking system on Ward 16 Day Unit – Bookwise. Among other things, Bookwise will provide evidence for the number of nurses needed on the Unit and will help cut waiting times for patients.
- Until March 2022, the Charity is pleased to be funding a Research Nurse – Janet Bunch. Haematology research benefits patients by making new drugs and novel agents available to suitable patients before they are licensed. The clinical trials are a range of local, regional and national/international clinical trials which are part of the National Institute for Health Research and in line with the Clinical Research Network Yorkshire and Humber Research Network (CRN Y&H) objectives.
- Sandra Weatherall is a welcome sight on the Haematology Unit. Funded by the Charity, Sandra has been offering complimentary therapy treatments to inpatients since 1996, bringing comfort and relaxation to many.

Complementary Therapy refers to non-medical treatments used alongside conventional medicine to enhance symptom control and improve quality of life. Consultation with the medical staff is sought prior to each treatment, which is adapted to suit each patient's needs.

Sandra provides the following therapies;– Aromatherapy, reflexology, massage, Indian Head Massage and Reiki.

- The Charity, in partnership with Equality Together, continues to fund a Welfare/Benefits Advisor, Jonathan Brearley. Jonathan offers Haematology patients and their relatives free, confidential and unbiased advice on a wide range of money issues.
- The Fund provides a selection of head turbans for in-patients who are experiencing hair loss due to their treatment. The Turbans have been very well received by those who choose to use them and at just £3 each a small donation from you can help us provide this gift to many more patients.
- The Fund regularly issues Grants to individual patients suffering financial hardship as a result of their illness. 2019/20 saw the Charity helping many families through very difficult times.
- The Annette Fox Fund continues to support the upkeep of the Haematology Unit (Ward 33) and Day Case Unit (Ward 16), providing specialist equipment or replacing items no longer fit for purpose.
- Toiletry Packs are provided by the Fund for patients on the Haematology Unit who may have to stay in unexpectedly overnight. The packs contain soap, shower gel, shampoo, tissues, toothbrush, toothpaste, 2 disposable face cloths and a comb. A donation of just £2.50 will buy one of these packs – which are greatly appreciated by the patients who receive them.

How You Can Help

- As well as monetary donations, we are always grateful for good quality items which we can sell or use as raffle prizes.
- Have you thought about asking your local shop / hairdresser / pub to put a collection tin on their counter? Or perhaps you could collect loose change at home – every penny really does count!
- You could collect used stamps and send them into the office, with more and more people communicating electronically postage stamps are becoming rarer and rarer.
- Do you work for a company who may want to adopt us as their charity of the year, or maybe they would donate a prize for us to raffle or auction, be it a voucher, an activity or a product they sell or produce.
- Why not show your support for the Fund by purchasing items from our range of merchandise, or maybe you could sell some of the items to your friends, family and colleagues on our behalf. We have Pens, Wristbands and Post-It Pads all at £1 each, Eco Shopping Bags at £2 each and T-shirts in a range of sizes at just £8 each.

Fundraising

The Annette Fox Leukaemia Research Fund is extremely grateful to everyone who fundraises on our behalf or organises their own fundraising event.

- ◆ A big thank you to everyone who bought Christmas Cards from us last year. The cards not only contribute to our fundraising, but also help spread awareness of the Annette Fox Fund far and wide.

A special thank you to those who sold cards on our behalf to friends, family and colleagues, in particular Candice Watson, who sold a fantastic amount of cards and raised £443.50, which is generously being match funded by her employers Minster Law, taking the total she raised to £887.

Thank you Candice and thank you Minster Law!



- ◆ Thank you to Steven Bracewell and to Andrew and Robert Thorpe of Cubicle Centre who donated £200 to the Fund.

Here is what they have to say:

"Every year we choose a Christmas Charity that we feel strongly about, and we also help raise awareness of these worthy causes on our company Christmas cards, which are all making their way out in the post.

This year we have donated to the Annette Fox Leukaemia Research Fund, as earlier this year one of members of staff was treated on their ward at Bradford Royal Infirmary, and other members of our staff have been affected by Cancer and Leukaemia over the years."

JustGiving™

JustGiving is an easy way of fundraising online. Supporters can set up their own fundraising page, which they can then e-mail to all their friends/family/colleagues and can also share on facebook and twitter. Donations are made online, the money is automatically gift aided (an extra 25% on top of the donation) and transferred to our bank account. Simple!

For step by step instructions on how to set up a fundraising page, to view other fundraisers pages and see the challenges they have set themselves, to make a donation or for further information go to www.justgiving.com/aflr

Making your donations go further

Through Gift Aid, you can help us make your donations go 25% further - and it won't cost you a penny!

How does it work?

As long as you are a UK taxpayer, Gift Aid enables you to boost the value of your donations by 25p for every £1 you give. So, for example, if you decide to give £10, we will be able to reclaim an extra £2.50 from HM Revenue & Customs. It might not sound like a lot, but every penny really does count!

What do you need to do?

To donate through Gift Aid, all you need to do is complete a simple declaration form (available from our office) confirming that you are a taxpayer and that you are happy for us to claim tax relief on your donation. Just one declaration can apply to all donations that you have made to us over the past 6 years and to any forthcoming gifts you make, until you notify us otherwise. It is that simple.

Please contact Michelle on 01274 364168 to request a Gift Aid form.

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Contact Us

Our office on Ward 16 is open 4 days a week – Monday and Wednesday 9.00am – 2.30am and Thursday and Friday 9.00am – 4.00pm. You can telephone, e-mail or write to us at the address below.

Annette Fox Leukaemia Research Fund
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